



A PUBLICATION OF THE ADULT LOSS OF HEARING ASSOCIATION

Hear & Now

October 2015
Volume #16



*Kitty with Big Ears
Says:
Give a Listen !
Win a Mustang!!!
Last chance, few tickets
left. See page 6.*

Enjoy Your Halloween!

And Check out the meetings on page 2

Ads in Newsletter

Aloha accepts ads related to hearing loss issues as a means to inform, educate, and publicize products and services available to the Deaf and Hard of Hearing community. ALOHA does not endorse any product or service advertised herein. Advertisers assume full liability for the content of ads.

Newsletter Publication
4 times a year.

ANNUAL MEETING & ELECTIONS

This is your chance to meet the board members, vote for incumbent board members, and new board members. You can learn what your organization is doing for you and other hard-of-hearing people in S. AZ. See page 3 for the biographies of several board members.

Date: November 17th.
Time: 5:30 to 7:00 pm
Where: At the Fort Lowell office.

Refreshments will be served. **RSVP** is appreciated so we know how much food to order. Call 795-9887, or e-mail info@alohaaz.org.

NOTE: At the September 23rd board meeting, it was approved to update the conference audio/visual equipment, with a large TV that will work with laptop. There are many problems with the current outdated equipment.

We at ALOHA try to make the building as comfortable as possible so you can enjoy meetings, get information you need, and have good conversation with your peers.

Preview: The board is arranging with Julliette Sterkens, retired audiologist and renowned loop advocate across the US, to give a seminar in Tucson in January on inductive looping. She is impressed with our Let's Loop Tucson effort!

CLASSES, ETC.
Beginning Sign Class : taking names now.
Speech Reading Class: Spring session.
\$50 Member
\$75 non-Member

**Call in your request
To be notified of the
next class 795-9887**

Assistive Device Demos:
by appointment only. Listening and signaling devices demonstrated. None for sale, but a vendor list is available. Also, loop demos.

Peer Support Meetings: Loop amplification. Friendly discussions and info shared about hearing aids, assistive devices, inductive looping, and coping.

Inductive Loop Class. Learn how to install in your home. **Free**

Office Hours: 10 a.m. to 4 p.m. Tue, Wed & Thur

Changing your Email?

Please let us know.

MEETINGS

DESERT COCHLEAR CONNECTIONS GROUP

At ALOHA 4001 E. Fort Lowell, Tucson
Meetings second Saturday of each month ,
11:00 am to 1:00 pm, October thru May.

Saturday, October 10, 11:00 am

CART transcription & loop amplification are
provided at the meetings.

Be automatically notified of Cochlear meetings,
Call ALOHA 795-9887 or *info@alohaaz.org*

Support Tuesdays— ALOHA Building:
1:00 to 2:00 and 7:00 to 8:00 pm

Third Tuesdays:
October 20th, 1:00-2:00: Vicky Thomp-
son, Program Planner for AzTEDP will show
how apps are used on Smartphone and ipad,
along with other information of a telecommuni-
cation nature.

**November 17: Free Smoke Alarms for Hard
of Hearing People**

December 15th: Holiday Party !

**NOTE: Evening meetings at the ALOHA
building are 7:00 to 8:00 pm on Tuesdays.**
Each 2nd Tuesday of the month will have a
presenter speak. **October 13th**, Chelsea
Maddox will talk about The Medical Memory
System that can greatly help with your health
care visits.

HAA CHAPTER MEETING

November 9th 11:00 am. Catalina Room,
Voyager RV Resort, 8701 S. Kolb Rd.
Rap Session.

GREEN VALLEY ALOHA SUPPORT GROUP:

Contact Ebba Andersen 203-8059
**Meetings — first Monday of the month at
La Posada Recreation Room 10 to Noon,
October through May.**

October 5th: Open Discussion

SIERRA VISTA ALOHA SUPPORT GROUP:

Karl Hallsten facilitates these meetings
held monthly., first Monday of the month.
To Contact Karl, e-mail him at
SierraVistaALOHA@gmail.com

ORO VALLEY ALOHA SUPPORT GROUP

2nd Thursdays of the month. 2 to 3 PM
Santa Catalina Catholic Church, Cholla &
Ocotillo room, 14380 N. Oracle Rd. Call
Facilitator Joan Eddy 825-8630 to confirm
date and time.

October 8th: Dr. Tom Muller, audiologist
at UA Department of Speech, Language
and Hearing Sciences will talk on "Evidence
-Based Hearing Aid Selection"

*NEW! Learn about
Cochlear Implant*

Three cochlear implant companies,
Advanced Bionics, Cochlear Americas, and
Med-El will hold meetings in ALOHA's con-
ference room. For a full listing of dates and
time, please see on the website
www.alohaaz.org, or ask for a copy.

These meetings are open to the public and
to our members, and are informational in
nature. At these meetings, a person can
learn the advantages of each, and be better
prepared to select an implant according to
their preference. You may have already
received the schedule. If so, the Cochlear
Americas meeting on Dec. 21st is canceled
due to holiday time.

ALOHA ANNUAL MEETING & ELECTION OF BOARD MEMBERS

DATE: November 17th TIME: 5:30 to 7:00 pm WHERE: ALOHA FT. LOWELL

Members are invited to attend this important annual meeting. Vote for the candidates below, and share some food and meet the board and hear what they say about maintaining ALOHA. Ten out of fifteen board members have hearing loss: Thus, we members are well-represented. In addition are two audiologists, one ENT doctor, and a CART provider.

Candidates for 3-year Term:

Cynthia Amerman, MSW (Master of Social Work) Incumbent

Cynthia has been a member of ALOHA since moving to Tucson in 2007. Her current memberships also include Hearing Loss Association of America (HLAA), the Association of Late-Deafened Adults, Inc. (ALDA) and the International Federation for Hard of Hearing People (IFHOH). She served as national president of ALDA, Inc. from 2010-2012 and continues her involvement and helped plan for the 2015 convention in Scottsdale, AZ. At ALOHA she has served two terms on the Board of Directors, and enjoys connecting with people in other hearing loss organizations, working at area health fairs, and advocating for/giving presentations on understanding hearing loss. Recently she became a member of the Arizona Commission for the Deaf and Hard of Hearing Task Force. Her progressive deafness developed over many years, and Cynthia now uses bilateral cochlear implants.

Ebba Andersen, B.A., M.Ed. Incumbent

For many years Ebba was a public high-school and community college reading/writing tutor. She played in a Scottish fiddle music orchestra and Chinese Erhu music ensemble. Before moving to Arizona she taught Tai-Chi and glass fusing. Since moving to Green Valley she works in her glass studio. She states, "Until I joined ALOHA I was quite ignorant of the many services and variety of equipment available that make life more enjoyable for the hard-of-hearing. The weekly meeting and monthly speakers have made a huge improvement in my life. Being a member of the Board and working with the Green Valley ALOHA support group would give me the opportunity to learn more and to let others know of these valuable services."

Sherry Whitfield Incumbent

Sherry spent over 35 years as a business consultant and entrepreneur. Her past businesses include a wellness center, a string of family movie theatres and five nature themed art and gift galleries. Sherry currently maintains three extensive websites and three online businesses. She presents workshops at events across the U.S. and Internationally, on a monthly basis. A prolific author, Sherry has written columns and articles about practical spirituality for several papers and newsletters in the U.S. and Canada, a number of instructional workbooks, and facilitated the ALOHA blog when it was hosted at the Arizona Daily Star. Sherry's hearing loss began in her 40's with brittle bones caused by a traumatic brain injury.

Bruce Stewart, MD Incumbent

Dr. Stewart is an Ear, Nose & Throat Specialist at University Physicians Hospital. He joined the ALOHA board in 1990, served as president several years, and was past treasurer. Dr. Stewart is dedicated to serving people with hearing loss.

Continued on page 4...

Continued from page 3: Board Condidates:

Bob Dorson, BA Education (New)

Bob is a past business owner, financial advisor. He is a member of ALOHA and has hearing loss. Currently, he volunteers with the Humane Society, Habitat for Humanity, and is a swim coach for Tucson High School. He has attended ALOHA support groups, and desires to serve as a director on the Board.



SERI Smoke Alarms Can Save Your Life !

Sonora Environmental Research Institute, Inc., together with some Fire Districts in Southern Arizona are offering free alarms for **hard of hearing people**.

The alarms include a Lifetone alarm that looks like an alarm clock (and is actually that too), but comes with a disc to place under mattress that gently shakes the bed in case of fire. The Gentex alarm (with strobe) is placed elsewhere in the home and it sends the alarm signal to the Lifetone alarm. Existing smoke alarms in the house may not be compatible with the Lifetone, so that is why a Gentex alarm is also needed.

To apply for this free program, contact: Flor Morales moralesf@seriaz.org or call (520) 403-6905 or (520) 404-7369. This free program ends at the end of this year. ALOHA also has forms.

The Library at ALOHA—Check it Out !

Actually, there are two libraries at ALOHA. One contains books and materials related to hearing loss topics. Along with those are a few books with DVD's one can use to increase hearing comprehension. Most of these items can be borrowed and you need to sign them out.



The other library is a **Bring-A-Book, Take-A-Book**: These are fiction and nonfiction, and do not have to be signed out. You just bring a book or books and take an equal amount of books.

Next time you are in, ask to see the libraries !

Loupin' Lou's Loop Class: December 3 (Thursday) 10 am to noon. We are still taking names for this class. This is a free class, and you can learn how to loop your home or a room. Thanks to Lou for offering this to our community!
E-mail info@alohaaz.org or call 795-9887. Class will be held in the ALOHA conference room, which of course, is looped.

Donations since July of 2015 *Thank You!*

Oro Valley United Church of Christ
City of Tucson ECAP

Harry & Marjory Stewart Foundation
Leonar Bloom

ALSO: Big Thank You to all who purchased Mustang Car Tickets !

Message of Thanks from ALOHA Member, Fran Seslow:

It is my opinion that no one should walk the path of any disability alone. It's magnitude of concerns daily are difficult to endure. Getting support for myself helped me address the acceptance I needed to persevere. I believe all challenges have a way back to resolution.

I choose to express my sincere thanks to all the group members, the board that works so hard to help it all come together, and all those working in the office to make it all happen. You gave me such fond memories to take with me. Your friendships and support will always be remembered. I would also like to thank my audiologist for her compassion, for her patience and giving me the time I needed to feel really cared for, and knowing I was always in good hands. With much appreciation, I wish you all much happiness, peace and the best of everything to come.

Ed Note: Fran has moved to another state. The above is an excerpt from the two pages she submitted. If you wish a full copy, contact ALOHA. Fran also volunteered at ALOHA, and we will miss her.

Have Hearing Aids to Donate? You or someone you know might have gotten new hearing aids and no longer need the old ones. ALOHA collects hearing aids for the Sertoma Arizona Hearing Aid Bank. They are refurbished and given to people who cannot afford to purchase hearing aids. Bring to ALOHA during office hours on Tuesday, Wednesday, Thursday 10 to 4:00.



Your Annual Dues are Important !

At the end of November or in December members will receive an e-mail or letter announcing need for renewal of dues. Goes without saying that the support of members keeps ALOHA services flowing. The office and board is twice as busy as a year ago, so we **all together** certainly are accomplishing much to be of help to people with hearing loss.

SOUTHWEST HEARING CARE, INC.

Audiology, Hearing Aids, Ear Protection &
Assistive Devices

Pamela R. Wood, M.S., CCG-A
Certified Clinical Audiologist



1661 N. Swan Road, Suite 220
Tucson, Arizona 85712

Office (520) 325-8899
Fax (520) 325-0699

Helping You Hear Life's Most Important Moments

Newsletter Advertising Costs (One Issue):

Full page (7.5 x 9.5").....	\$200.00
Half page (7.5 x 4.5").....	\$125.00
Quarter page (3.5 x 4.5").....	\$75.00
Business Card (3.5 x 2.0").....	\$50.00

Buy ads for a year (4 issues) for the Hear & Now newsletter and as a bonus you get your ad in 8 e-Updateers free.



LAST CHANCE! Feeling Lucky? Win a 50th Anniversary Edition of the Ford Mustang.

Time is running out to purchase your ticket for this special car! Cost is \$25 per ticket, or choose 5 for \$100. Send check payable to ALOHA, and we will enter you in the drawing, and send you the stubs. Tickets must be sold and turned in by October 31st.

The drawing date is November 13th.

DON'T FORGET THE TELECOIL !

Despite all the new technology out there now that can help us hear better in many situations, the tiny *telecoil* still rocks! Make sure your new hearing aids have them and that they are activated at the time you purchase the aids. Even if you can use other technology for one-on-one conversation, having the telecoils can be a further help to you.



Everyone with telecoils within a looped room or area will be able to hear better, with no need to borrow equipment or bring special equipment with them. That's the beauty of inductive looping.

Inductive loop amplification is on the grow in Tucson and surrounding communities, mostly due to ALOHA's "Let's Loop Tucson!" project. You can view the list on our website www.alohaaz.org.

Wherever you see the blue sign with the ear, and it has a "T" in the lower right corner, you only need to turn on the switch or button to the telecoil setting to hear with more clarity...or as we often say the "Wow factor". There usually is not an extra cost for telecoils, as most hearing aids have them automatically from the factory. Only the tiniest of hearing aids might not have space for them.

If a place has infra-red or FM system instead of loop, you can still use your telecoils with a neck-loop...ask the venue if they provide neckloops. If you do not have telecoils, you can still use the IR or FM by asking the venue for a receiver with headphone or ear bud. Some places cannot install a loop system due to technical issues, so IR or FM can work well.

If you do not know what a "loop system" is, you are very welcome to come to ALOHA during office hours to try different kinds: TV loop, portable loop, and full system in the conference room. You can listen with your telecoils, or we can lend you a loop receiver with headset.

Please pass this information on to people you know who struggle with hearing. They will thank you! You might also let places you go to where hearing is difficult, and recommend to them to get a loop or other hearing system installed.



Adult Loss of Hearing Association Inc.

A Support and Advocacy Organization

Adult Loss Of Hearing Association (ALOHA) Membership Form

*CATEGORIES	COST	LENGTH OF TIME
Individual Member	\$25.00	1 Year Membership (See below)
Family Membership	\$30.00	1 Year Membership (See below)
Business / Organization Member	\$75.00	1 Year Membership (See below)
Donation (In addition to Membership)	\$	
Total Enclosed:	\$	Make Check Payable to ALOHA (See address below)

Note: ALOHA is a non-profit organization in accordance with Section 501(c)(3) of the IRS Code.
Your donation may be tax deductible.

NAME (First, MI, Last):	
Significant Other:	
Street Address:	
City, State, ZIP Code:	
Home Phone:	
Work Phone:	
Cell Phone Number:	
Email Address:	

Emergency Contact Information (Optional, But Recommended):	
Name:	
Phone:	
Relationship:	

All members receive the "Hear & Now Newsletter" 4 times a year and receive discounts on classes we offer.

How do you want to receive your newsletter? On-line regular mail

Do you also want to receive the ALOHA e-Updater (our email newsletter) 8 times a year? Yes No

If a new member, how did you hear about ALOHA?:

4001 East Fort Lowell Road • Tucson, Arizona 85712
Phone: (520) 795-9887 E-mail: info@alohaaz.org Website: www.alohaaz.org

Adult Loss Of Hearing Association
(ALOHA)
4001 E. Fort Lowell Road
Tucson, AZ 85712-1011

Return Service Requested



ALOHA Board 2015

- Karl Hallsten, President
- Pamela Wood, Vice-President
- Stan Kruggel, Treasurer
- Cynthia Amerman, Secretary
- Ebba Andersen
- Gigi Dinniman
- Dale Henson
- Cristi Moore
- Carolyn Olson
- Bruce Stewart
- Susan Vardon
- Sherry Whitfield
- Vivian Rubiano
- Mary Neff
- Kimberly August

Office Hours: 10 AM to 4 PM, Tues thru Thurs.

**Please call in advance to confirm hours.
Thanks!**

You can reach us at:

Telephone: (520) 795-9887

FAX: (520) 795-9585

E-Mail: info@alohaaz.org

ALOHA's Internet Site: <http://www.alohaaz.org>

Non-profit Tax ID# 86-0554154

ALOHA's Office Location:

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Tucson, AZ 85712-1011

