



A PUBLICATION OF THE ADULT LOSS OF HEARING ASSOCIATION

Hear & Now

January 2015
Volume #13



*Give a Listen !
Seminar in 2016...see
Page 4...Wisconsin coming
to sunny Tucson 2016.*



Evening Support Group
every Tuesday, See
Page 2

Ads in Newsletter

Aloha accepts ads related to hearing loss issues as a means to inform, educate, and publicize products and services available to the Deaf and Hard of Hearing community. ALOHA does not endorse any product or service advertised herein. Advertisers assume full liability for the content of ads.

Newsletter Publication

4 times a year.



What's Ahead? We expect 2015 to be as good as 2014 for ALOHA, only better!

ALOHA provides a forum with its support group system. It allows us to help each other in our journey on the hearing loss trail. We know how difficult it can be to do that journey alone.

The behind-the-scenes workers here love the comments from people who state how much they have been helped.

You can think of ALOHA Services as the Prize, and that You are the Winner !

Jeep Cherokee Raffle Winner
Thank you to all who purchased tickets. Sorry the winner was not an ALOHA member. Winner is Rita Lee-Morado. Big thank you to Jim Click for his donation of the vehicle and allowing ALOHA and other non-profits to keep the funds from sales of tickets

Thank you for the Donations!
The holiday donations from folks who know the value of ALOHA services in the community were much appreciated!

CLASSES, ETC.
Beginning Sign Class
and Speech Reading
Class: Spring 2014
\$50 Member
\$75 non-Member

**NEW: Evening ASL
Sign language class**

**Call in your request
795-9887**

**Assistive Device Demos:
by appointment**

only. Listening and signaling devices demonstrated. None for sale, but a vendor list is available. Also, loop demos.

Peer Support Meetings:

Loop amplification. Friendly discussions and info shared about hearing aids, assistive devices, inductive looping, and coping.

Inductive Loop Class.
Learn how to install in your home. Free to members

**Office Hours: 10 a.m. to
4 p.m. Tue ,Wed & Thur**

**Changed your
Email?**

Please let us know.

MEETINGS

DESERT COCHLEAR CONNECTIONS GROUP

At ALOHA 4001 E. Fort Lowell, Tucson
Meetings second Saturday of each month ,
11:00 am to 1:00 pm, October thru May.

Saturday, January 10th
Saturday, February 14th

CART transcription & loop amplification
are provided at the meetings.

Be automatically notified of Cochlear meetings,
Call ALOHA 795-9887 or *info@alohaaz.org*

GROUP MEETINGS AT ALOHA:

Every Tuesday at 1:00 to 2:00 pm, open
discussion is held to answer your questions
about hearing aids, assistive devices, and
anything else related to hearing loss.

On **Third Tuesdays** of the month we have a
special program with a presenter.

NEW! EVENING SUPPORT GROUP

7:00 to 8 pm every Tuesday
People have told us they could not attend a
day time group because they work. We hope
there is more interest shown so we can
continue this evening support group. Spread
the word!

Tinnitus: It is tentatively planned to
have a couple of tinnitus workshops.
Let us know your thoughts on
Tinnitus Support.

**All meetings on this page are free and
open to the public. The meetings are
offered to keep you up to date on new
technology and coping. strategies.
There is no better support than PEER
support.**

GREEN VALLEY ALOHA SUPPORT GROUP:

Contact Ebba Andersen 203-8059
**Meetings — first Monday of the month at
La Posada Recreation Room 10 to Noon,
October through May.**

The 3rd Thursday meetings have been
Discontinued, but round-table format will
more often be used at the La Posada
Meetings.

SIERRA VISTA ALOHA SUPPORT GROUP:

Karl Hallsten facilitates these meetings
held monthly., first Monday of the month.
To Contact Karl, e-mail him at
SierraVistaALOHA@gmail.com

Karl would like to have more attendees at
these meetings. If you know someone in
Sierra Vista with hearing loss, please do let
them know about this group.

ORO VALLEY ALOHA SUPPORT GROUP

**Changed to 2nd Thursdays of the
month. 2 to 3 PM** Santa Catalina Catholic
Church, Cholla & Ocotillo room, 14380 N.
Oracle Rd. Call Facilitator Joan Eddy 825-
8630 to confirm date and time.

FAR EAST GROUP

Meets at 7570 E. Speedway. (Far Hori-
zons) **3rd Fridays of the month, 2:00 to
3:00 pm** in the Card Room, Main Club-
house.

Bring your questions, get answers! Make
friends! Contact: Patty Harvey, facilitator,
471-8049

NEW: HEARING LOSS ASSOCIATION OF AMERICA (HLAA)

A chapter has formed in Tucson. They will
meet at the Voyager RV Resort, Catalina
Room 8701 S. Kolb Rd. 2nd Monday of
the month, January thru March, 10:30 to
12:30. Contact: Victoria Garth 574-5278

You Asked, ALOHA Complies:

You Will Receive an invoice: Members have asked if we could send them a bill when dues are due, because they forget. ALOHA has a new computer program that will determine when someone needs to renew, and will send them an invoice, either by e-mail or snail mail. Also, after payment, a receipt will be sent the same way. January is the traditional renewal time.

New Item for Demonstration: ALOHA acquired a new neck loop: CLA7v2. This neck loop can be used a variety of ways, with cell phone, smart phone, landline phone, with computer to hear videos better. It has a microphone for hands-free use on the phones.

How Can I Hear Better at Home? You can make an appointment to try out some devices in our demonstration room. If you need extra help regarding cell phones, come to our peer support groups and ask others what they use. There are always new technologies to learn about.

Quieter Restaurants: This list appeared twice in the ALOHA Updater, and proved to be very popular. We would like some feedback if you go to one of those restaurants, as to whether it was quieter or not. If you have suggestion for another quieter restaurant, we can add to the list.



News of Interest:

Medicare wanted to discontinue coverage for osseointegrated implants (one is called a BAHA). There was a cry by advocates who said "no" throughout the land via surveys, and Medicare now reversed their decision. These implants allow people with good bone conduction ability to hear. It helps to speak up and be heard! (doing surveys can help)

Hear Loss Association of America (HLAA) announces an historic first. They met with the National Association of Theater Owners to hammer out an agreement on movie captioning. Those present: the National Association of the Deaf, the Association of Late Deafened Adults, The Alexander Graham Bell Association for the Deaf and Hard of Hearing. After several weeks of discussions, the five organizations agreed on a set of recommendations to the Department of Justice to improve access to movies for the deaf and hard of hearing patrons. To read more, go to Www.hearingloss.org

Free Home Loop Class: Want to learn how to install your own home loop, or perhaps go into the business of doing this service for others? We have two people on the list who want the class. Perhaps in March, Loopin' Lou can hold a class. Call or e-mail ALOHA to be on the list.

The ADA and You: Fed up with going to a public place and cannot hear well enough to participate? It could be a public place must provide hearing assistance. Some would be exempt if providing assistance would cause an undue burden to the business. The main thing is, it does not hurt to ask ahead of time if they have hearing assistance. If you know they are required to provide such assistance and they refuse, you can contact the Americans With Disabilities Act by writing to ADA.complaint@usdoj.gov You can study the ADA law by going to their website ADA.gov Particularly look at Titles II, III, and IV. Remember: The squeaky wheel gets the grease!





Why does sound seem so much clearer when I hear it through the loop? By Lou Touchette

In a room where the sound is delivered directly from speakers, the sound makes a number of stops on its way to your ears. It has lunch at the ceiling, dinner on each of the walls, and maybe a light breakfast at the floor with snacks on the furniture. As a result, the sounds all arrive at your ears at slightly different times. This results in a significant loss of clarity. Consider too, the quality of the speakers themselves. TV manufacturers do not usually install high quality Bose type speakers. They try to keep the cost down by buying somewhat lesser quality ones they may have obtained from some third world country.

Sounds from speakers often have a lot of bass or treble which can be somewhat adjusted. But, that still leaves a lot to be desired. Each of us with a hearing loss has a somewhat different category of loss. Most of us (90%) have high frequency hearing loss so we might prefer that speakers be adjusted to enhance the high tones. Others of us with low frequency hearing loss find those piercing high tones uncomfortable and would prefer that the speakers produce more bass (low) tones.

Now, here is why voices sound so much better when heard through a loop. Sound bypasses the speakers and is delivered directly to the loop amplifier in its purest form (no detouring to stop for a bite to eat). The loop amplifier sends this pure crisp beautiful sound out through the loop in a field of magnetic energy. Our telecoils recognize this energy and delivers it directly to the computer function of our hearing aids where it is processed and corrected according to how our hearing aids cochlear implant, etc., was programmed. The sound is then delivered in its purest form, directly to the cochlea of our ears.

Editor: We thank Lou for his wonderful articles that appear in this newsletter as well as ALOHA's Updater editions. Do you have a story or observation to tell? We love to publish items by our members!

Seminar in Tucson, January, 2016

In mid-January, 2016 (a year from now), audiologist Juliette Sterkens and her husband Max will travel to Arizona from Wisconsin to give seminars about inductive looping to ALOHA members, service organizations, and hearing care professionals. She and Max are instrumental in getting many places in Wisconsin looped, and are advocates of Prof. Dave Myers' "Let's Loop America!" endeavor. They will also do the seminars in Phoenix. ALOHA will choose a looped venue for Juliette's Tucson visit.

Editor Note: You might be thinking that ALOHA sure talks a lot about "looping". For good reason! , Many of us with moderate to severe hearing loss need inductive looping or other assistive systems when we attend meetings, go to church, or attend lectures or events. Looping is not rocket science, or even new, but it sure helps us a lot as far as understanding speech.

Donations since October, 2014 *Thank You!*

**Janet Spadora
Cynthia Amerman
D.L. Fisher
Dale Henson
Lenore Pille
Irving Silverman
John Butler
Sue Vardon
Kimberly August**

**Karl Hallsten
Jerry Holder
Donna Hallsten
Ebba Andersen
Anonymous
Earl Liston
Barbara Schneider
Nancy Hook**

**Alice Hoyler
James Dykgraaf
City of Tucson ECAP
Loretta Butler
Holt Bodinson
Rodric Himebaugh
Paul Herzmark
Raytheon Charitable Giving**

**Donations In Memory of Bill Carroll: Peggy & Douglas Ober, Joan Otis Kardel, D.T. Horvath, Harlan & Debra McCormack, Cactus Mariners of AZ, Sarah Laughlin, Sarah Fischer, Todd Nelson, Becky Hammond, Eileen Wood, Family Life Communications, Nathan Miller
Donations in Memory of Donna Tagg: Tom & Marianne Fuchsen, Averill Kelterman, Bud & Shirley Tagg, Marty Tagg.**

ANNUAL MEETING REPORT

On November 15th, members and the board of directors met to elect incumbent and new board members, and to talk about ALOHA's future. Re-elected: Pamela Wood, Karl Hallsten, and Dale Henson. Newly elected: Vivian Rubiano, Kimberly August and Mary Neff. There are now sixteen ALOHA board members. President Karl remarked on the many services ALOHA provides, and Treasurer Stan noted that ALOHA is making increased payments on the mortgage to get it paid off sooner and at the same time save \$6,000 in interest.

There was also celebration before the meeting, a party in honor of ALOHA's 30th year in operation. All agreed the cake and food was wonderful, and they enjoyed time to connect with everyone present and also to meet new people who came.

Troubles with your Cochlear Implant?

It came to our attention that some cochlear implant users do not have an understanding of the equipment they receive with it, or perhaps a replacement processor, or minor repairs. You can always ask at ALOHA for advice. And do attend the monthly Cochlear Implant meetings held 2nd Saturday of the month September thru May....and bring your box of stuff to have it explained to you.

Ditto: if you are having problems with your telecoils in your implant or hearing aids, or perhaps you simply don't know if they work or not. Come try our room loops to test your telecoils.

SOUTHWEST HEARING CARE, INC.

Audiology, Hearing Aids, Ear Protection & Assistive Devices

*Pamela R. Wood, M.S., CCG-A
Certified Clinical Audiologist*



1661 N. Swan Road, Suite 220
Tucson, Arizona 85712

Office (520) 325-8899
Fax (520) 325-0699

Helping You Hear Life's Most Important Moments

Newsletter Advertising Costs (One Issue):

Full page (7.5 x 9.5").....\$200.00
Half page (7.5 x 4.5").....\$125.00
Quarter page (3.5 x 4.5").....\$75.00
Business Card (3.5 x 2.0").....\$50.00

Buy ads for a year (4 issues) for the Hear & Now newsletter and as a bonus you get your ad in 8 e-Updateers free.



Heartfelt Condolences to the Family & Friends of the following members who passed away recently:

Jay Tate: October 24. Jay was a member since 2004, and was a volunteer and generous supporter.
Bill Carroll: October 30. Bill joined ALOHA in 2006 and attended meetings often and appreciated the work ALOHA does to help hard of hearing people.

Donna Tagg: November 22. Donna and her husband were members since 2007. She was a pleasant lady who gave her time volunteering for several organizations. Condolences to her husband Larry.

Volunteering Can Help Keep You Active and Healthy: Just ask any of our current volunteers about their experience and they will likely tell you how gratified they are to have found ALOHA, for their hearing loss help, and for the new friends they have made with other volunteers. Quite often, busy people who give of themselves and their time and talents to worthy projects, do tend to stay healthier.

We have an urgent need at present for people to man tables at local health fairs. Cynthia on the board has been filling in, and would be happy to attend a fair with you and show you the ropes. There are other positions as well. Come in and chat with Loretta about how you can help.

Caption the New Year

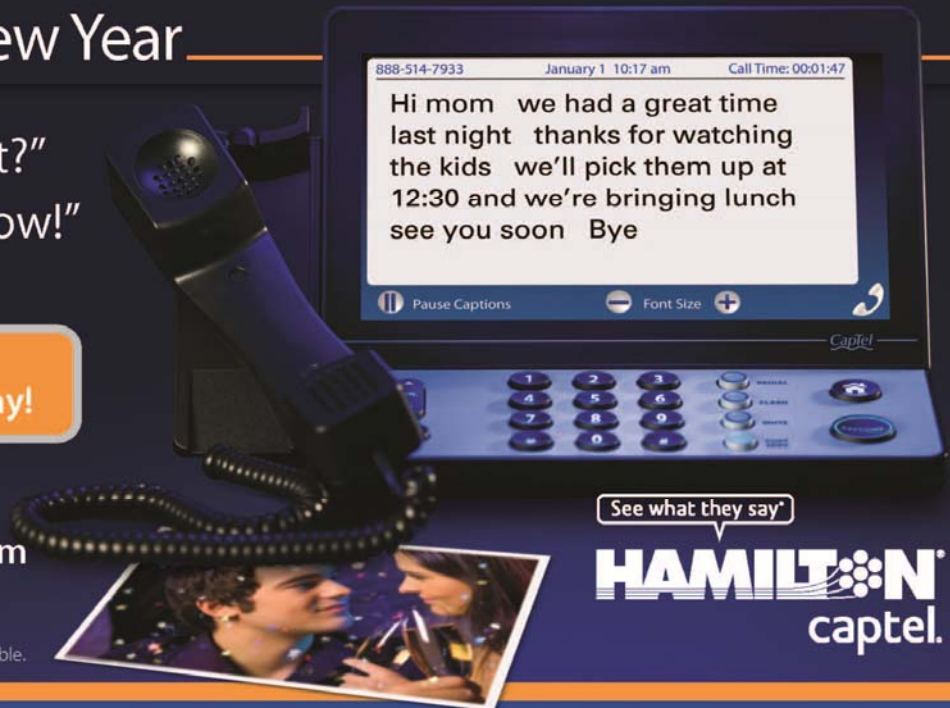
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Adult Loss Of Hearing Association (ALOHA) Application Form

*CATEGORIES	COST	LENGTH OF TIME
Individual Member	\$25.00	1 Year Membership (See below)
Family Membership	\$30.00	1 Year Membership (See below)
Business / Organization Member	\$75.00	1 Year Membership (See below)
Bronze Donor (Less than \$250.00)	\$	100% Tax Deductible
Silver Donor (\$251.00 - \$500.00)	\$	100% Tax Deductible
Gold Donor (\$501.00 - \$1,000.00)	\$	100% Tax Deductible
Platinum Donor (More than \$1,000.00)	\$	100% Tax Deductible
Total Enclosed:	\$	Make Check Payable to ALOHA (See address below)

*Members are encouraged to select a Donor Category to help YOUR Association sustain its service and be pro-active in meeting YOUR needs and desires.

Note: ALOHA is a non-profit organization in accordance with Section 501(c)(3) of the IRS Code. Please consult your tax advisor or the Internal Revenue Service regarding deductibility.

NAME (First, MI, Last):	
Significant Other:	
Street Address:	
City, State, ZIP Code:	
Home Phone:	
Work Phone:	
FAX Number:	
Email Address:	

Emergency Contact Information (Optional, But Recommended):	
Name:	
Phone:	
Relationship:	

All members receive the "Hear & Now Newsletter" 4 times a year and receive discounts on classes we offer.

How do you want to receive your newsletter? On-line regular mail

Do you also want to receive the ALOHA e-Updater (our email newsletter) 8 times a year? Yes No

If a new member, how did you hear about ALOHA?:

Adult Loss Of Hearing Association
(ALOHA)
4001 E. Fort Lowell Road
Tucson, AZ 85712-1011

Return Service Requested



ALOHA Board 2013/2014

- Karl Hallsten, President
- Pamela Wood, Vice-President
- Stan Kruggel, Treasurer
- Cynthia Amerman, Secretary
- Ebba Andersen
- Gigi Dinniman
- Patricia Harvey
- Dale Henson
- Cristi Moore
- Carolyn Olson
- Bruce Stewart
- Susan Vardon
- Sherry Whitfield
- Vivian Rubiano
- Mary Neff
- Kimberly August

Office Hours: 10 AM to 4 PM, Tues thru Thurs.

**Please call in advance to confirm hours.
Thanks!**

You can reach us at:

Telephone: (520) 795-9887

FAX: (520) 795-9585

E-Mail: info@alohaaz.org

ALOHA's Internet Site: <http://www.alohaaz.org>

Non-profit Tax ID# 86-0554154

ALOHA's Office Location:

4001 E. Fort Lowell Road (East of Alvernon)

Tucson, AZ 85712-1011

