



A PUBLICATION OF THE ADULT LOSS OF HEARING ASSOCIATION

# Hear & Now

October 2014  
Volume #12



*Give a Listen !*  
**The Annual Meeting & Board Election. See pages 3 & 4.**



New Evening Support Group every Tuesday  
See Page 2

### **Ads in Newsletter**

Aloha accepts ads related to hearing loss issues as a means to inform, educate, and publicize products and services available to the Deaf and Hard of Hearing community. ALOHA does not endorse any product or service advertised herein. Advertisers assume full liability for the content of ads. **Newsletter Publication** 4 times a year.



## **COME CELEBRATE ALOHA'S 30TH BIRTHDAY!**

The ALOHA Board of Directors invites you to the November 15th celebration of ALOHA's birthday year. (see the flyer inside for details)

Jeep Cherokee Raffle  
Board members still have tickets left to sell. Call or e-mail ALOHA and we will connect you with a board member.

**ALOHA GROUPS**  
ALOHA is back in full swing with all support group meetings for October through May. You can contact the facilitators about what agendas might be each month.

Hard of Hearing Volunteers conduct most of these meetings. They started as attendees, learned what they needed to know to help them cope with their hearing loss, and now want to share their knowledge.

These meetings are for YOU!  
See Page 2 for meeting lineups.

**CLASSES, ETC.**  
**Beginning Sign Class and Speech Reading Class: Fall, 2014**  
\$50 Member  
\$75 non-Member

**NEW: Evening ASL Sign language class**

**Call in your request 795-9887**

**Assistive Device Demos: by appointment only.** Listening and signaling devices demonstrated. None for sale, but a vendor list is available. Also, loop demos.

**Peer Support Meetings:** Loop amplification. Friendly discussions and info shared about hearing aids, assistive devices, inductive looping, and coping.

Inductive Loop Class. Learn how to install in your home. Free to members

**Office Hours: 10 a.m. to 4 p.m. Tue, Wed & Thur**

**Changed your Email?**

*Please let us know.*

# MEETINGS

## **DESERT COCHLEAR CONNECTIONS GROUP**

At ALOHA 4001 E. Fort Lowell, Tucson  
Meetings second Saturday of each month ,  
11:00 am to 1:00 pm, October thru May.

October 11th: Support Group for partners/  
significant others.  
CART transcription & loop amplification are  
provided at the meetings.

Be automatically notified of Cochlear meetings,  
Call ALOHA 795-9887 or *info@alohaaz.org*

## **GROUP MEETINGS AT ALOHA:**

**Every Tuesday** at 1:00 to 2:00 pm, open  
discussion is held to answer your questions  
about hearing aids, assistive devices, and  
anything else related to hearing loss.

On **Third Tuesdays** of the month will have a  
special program.

## **NEW! EVENING SUPPORT GROUP**

7:00 to 8 pm every Tuesday  
People have told us they could not attend a  
day time group because they work. We hope  
there is more interest shown so we can  
continue this evening support group. Spread  
the word!

Tinnitus: We had a tinnitus group in the  
recent past, but attendance dwindled to zero.  
If you would like a tinnitus group to  
re-start, let us know.

**All meetings on this page are free and  
open to the public. The meetings are  
offered to keep you up to date on new  
technology and coping. strategies.  
There is no better support than PEER  
support.**

## **GREEN VALLEY ALOHA SUPPORT GROUP:**

Contact Ebba Andersen 203-8059  
**Meetings — first Monday of the month at  
La Posada Recreation Room 10 to Noon.**  
October 6th: Video presentation of  
Richard Einhorn, a renowned music  
composer who has hearing loss. He tells  
about how he copes.  
November 3: Discussion meeting.  
December 1: Discussion meeting.

*ALSO- - a GV ALOHA Support/  
Discussion Group. will be held at the  
Community Connect building, usually 4th  
Thursdays of the month at 1:00 pm  
Call Ebba. 203-8059.*

## **SIERRA VISTA ALOHA SUPPORT GROUP:**

Karl Hallsten facilitates these meetings  
held monthly., first Monday of the month.  
To Contact Karl, e-mail him at  
*SierraVistaALOHA@gmail.com*  
*Stay Connected when Hearing Aids  
are not Enough. October 15, 1:00  
to 2:30, Wellness Depot—Sierra  
Vista Mall.*

## **ORO VALLEY ALOHA SUPPORT GROUP**

**1st Thursdays of the month.** Santa  
Catalina Catholic Church, Cholla & Ocotillo  
room, 14380 N. Oracle Rd.  
Facilitator Joan Eddy 825-8630  
October 2nd: Guest speaker is Pamela  
Wood, audiologist , Southwest Hearing  
Care: Topic: "ALOHA 30 years in Review"  
She is vice president of the ALOHA board,  
and served on the board since 1984.

## **. FAR EAST GROUP**

Meets at 7570 E. Speedway.  
**3rd Fridays of the month, 2:00 to 3:00  
pm** in the Card Room, Main Clubhouse.  
Bring your questions, get answers! Make  
friends!  
Contact: Patty Harvey, facilitator, 471-8049

# **ALOHA 30th Anniversary Celebration and Annual Meeting**

The ALOHA Board of Directors cordially invites you to attend this event. Come see what ALOHA has accomplished this year and what our goals are for the future. You will be able to ask questions of existing board members and participate in the election of next years' Board of Directors.

WHERE: ALOHA Main Office

Address: 4001 E. Fort Lowell Drive, Tucson AZ 85712

WHEN: November 15th, 2014 — 10:00 AM to Noon.

Be sure and put this on your calendar:

- Snacks & refreshments
- Celebrate 30 years of ALOHA
- Vote for board members



**Please RSVP by November 7th, 2014 to  
[info@alohaaz.org](mailto:info@alohaaz.org) or (520) 795-9887.**

ALOHA ANNUAL MEETING AND ELECTION OF BOARD MEMBERS  
DATE November 15, 2014, 10 AM to Noon. See Flyer.

Members are invited to attend this annual meeting and show their support for incoming and renewing board members. Anyone wishing to serve on the board can send a brief resume. New board members can also be nominated from the floor at the annual meeting.

And this year, we will make the Annual Meeting a little celebration as well, because it is ALOHA's 30th Birthday! Hope you can come.

Share some camaraderie and refreshment with us!

List of Candidates for 3-year Term:

Pamela Wood, MS CCC-A (Incumbent)

She is a practicing audiologist in Tucson, Arizona since 1982. Her primary focus as an audiologist is aural rehabilitation. She has served as the district audiology consultant for the Marana Unified School District since 1991. Pam is a Master Trainer for the State of Arizona since 1993, training school personnel in the administration of their school hearing screening programs. Pam has been involved with ALOHA since 1984 and has served on the board consistently since 1986, and currently serves as vice-president of the board, and does public speaking on behalf of ALOHA.

Karl Hallsten, MSW (Incumbent)

Karl is a retired social worker. He worked in the nonprofit sector, and in later years worked in public relations, marketing, fundraising, grant writing, community relations and staff development. He joined ALOHA 3 years ago and attends support group often. He has cochlear implant. He started an ALOHA support group in Sierra Vista where he lives. He states: Inspired by my own benefits from ALOHA, I have a strong interest in advancing the mission of ALOHA, and with my skill set and experience in nonprofit agencies I think makes me a good candidate for the board. Karl currently serves as president of ALOHA.

Dale Henson B.A., M.A. (incumbent)

Dale worked in the dining and food services field as director for college, university and school districts for 37 years, and was owner of a food service marketing & consulting firm until retirement. Education: General Business and Accounting minor, Institutional Administration. Dale promotes ALOHA services through media contacts. He says: "I felt that ALOHA could help me with my hearing problem and that my work experience would allow me to provide a service to ALOHA members."

Vivian V. Rubiano, B.A. (New)

Vivian is an AuD. Graduate Student Clinician at University of Arizona, Department of Speech, Language, & Hearing Sciences. ALOHA encourages the UA department to have one of their students serve on the ALOHA board, since ALOHA has a collaborative effort with that department. Vivian was appointed to the board a few months ago, and now will be officially elected. She currently is signed in to help at the El Rio health fair table with another board member, and will do other tasks for ALOHA as her curriculum allows.

**Donations since July, 2014** *Thank You!*  
Raytheon Charitable Giving.

And thank you to everyone who purchased the Jeep Cherokee Raffle Tickets! Wish we could all win, but alas, only one winner will be announced out of thousands of tickets sold by nonprofit organizations in the Tucson area. We again thank Mr. Click for this fund raising opportunity.

It is nearing end of year, and you might be thinking about making donations to your favorite charities. If you have hearing loss, or someone close to you does, you know how important it is to get extra services and help. ALOHA receives loads of compliments from people who were amazed at how much ALOHA and its members and support groups have helped them. With that in mind, **please make ALOHA one of your favorite charities to give to.** ALOHA is funded primarily through memberships and donations, and every year is a challenge to keep the services flowing.

NOTE TO HEARING PROFESSIONALS  
By Lou Touchette

When I come to you because I've lost my hearing and you have tested me to confirm it, I want and expect:

1. You will fit me with good quality affordable hearing aids.
2. The hearing aid will have a volume control so I can increase or decrease the sound, i.e., to hear whispers or turn down exceptionally loud sounds.
3. I want two telecoil programs, a telecoil only "T" so I can shut out outside sounds when in a looped environment. I want a second program that allows me to hear both sounds around me AND sound coming from the loop.
4. I insist that you calibrate my telecoils so I can hear equally well in any looped venue where I may find myself at any given time.
5. I want you to have a calibrated loop in your office/waiting room connected to a TV so I can sit for a few moments to see if my telecoil volume is adequate. If not, I want it adjusted before I leave. I don't want to have to schedule a needless return appointment to have this done later.
6. Because I have limited fingers mobility, I would like to have a remote control so I can easily access my hearing aid volume control and be able to change between programs.

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*Certified Clinical Audiologist*

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Fax (520) 325-0699

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**Newsletter Advertising Costs (One Issue):**

|                                 |          |
|---------------------------------|----------|
| Full page (7.5 x 9.5").....     | \$200.00 |
| Half page (7.5 x 4.5").....     | \$125.00 |
| Quarter page (3.5 x 4.5").....  | \$75.00  |
| Business Card (3.5 x 2.0")..... | \$50.00  |

Buy ads for a year (4 issues) for the Hear & Now newsletter and as a bonus you get your ad in 8 e-Updateers free.



# United States Supreme Court is Looped !

Press Release 9-5-14 Kathleen Arberg (202) 479-3211

A new assistive listening system has been installed in the Courtroom to improve visitor services. The hearing loop system will be available for use when the Court's Term begins in October. The new system transmits sound through an electromagnetic signal picked up by most hearing aids and cochlear implants without requiring additional equipment. Listening devices will be available for those who wish to use the hearing loop technology. The Court will also continue to offer the FM and infra-red listening devices made available to Courtroom visitors in the past.

Note: a few years ago the US Capitol was also looped.

Inductive looping has been sweeping the country for the past five or more years. People with hearing aids in particular prefer it to any other sound enhancement help. Just push the button for telecoil in hearing aids to on, and observe, no wires or other irritations to deal with, such as asking for special equipment.

In Tucson also the looping project is spreading. Last month, we were notified that almost all of the library branches in Pima County have a meeting room that is looped. You can view the list on ALOHA's webpage [www.alohaaz.org](http://www.alohaaz.org). Or ask for a copy when you come to ALOHA.

**Important:** There is a need for people to install loops in homes, and also for volunteers for the ALOHA **Let's Loop Tucson!** Committee. Loopin' Lou Touchette wants to train anyone interested. It is not rocket science, but does take training. Call or e-mail ALOHA.

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# Adult Loss Of Hearing Association (ALOHA) Application Form

| *CATEGORIES                           | COST    | LENGTH OF TIME   |
|---------------------------------------|---------|--|
| Individual Member                     | \$25.00 | 1 Year Membership (See below)                          |
| Family Membership                     | \$30.00 | 1 Year Membership (See below)                          |
| Business / Organization Member        | \$75.00 | 1 Year Membership (See below)                          |
| Bronze Donor (Less than \$250.00)     | \$      | 100% Tax Deductible                                    |
| Silver Donor (\$251.00 - \$500.00)    | \$      | 100% Tax Deductible                                    |
| Gold Donor (\$501.00 - \$1,000.00)    | \$      | 100% Tax Deductible                                    |
| Platinum Donor (More than \$1,000.00) | \$      | 100% Tax Deductible                                    |
| <b>Total Enclosed:</b>                | \$      | <b>Make Check Payable to ALOHA (See address below)</b> |

\*Members are encouraged to select a Donor Category to help YOUR Association sustain its service and be pro-active in meeting YOUR needs and desires.

Note: ALOHA is a non-profit organization in accordance with Section 501(c)(3) of the IRS Code. Please consult your tax advisor or the Internal Revenue Service regarding deductibility.

|                         |  |
|-------------------------|--|
| NAME (First, MI, Last): |  |
| Significant Other:      |  |
| Street Address:         |  |
| City, State, ZIP Code:  |  |
| Home Phone:             |  |
| Work Phone:             |  |
| FAX Number:             |  |
| Email Address:          |  |

| Emergency Contact Information (Optional, But Recommended): |  |
|--|--|
| Name:  |  |
| Phone:   |  |
| Relationship:  |  |

All members receive the "Hear & Now Newsletter" 4 times a year and receive discounts on classes we offer.

How do you want to receive your newsletter?     On-line     regular mail

Do you also want to receive the ALOHA e-Updater (our email newsletter) 8 times a year?    Yes     No

If a new member, how did you hear about ALOHA?:

Adult Loss Of Hearing Association  
(ALOHA)  
4001 E. Fort Lowell Road  
Tucson, AZ 85712-1011

Return Service Requested



ALOHA Board 2013/2014

- Karl Hallsten, President
- Pamela Wood, Vice-President
- Stan Kruggel, Treasurer
- Cynthia Amerman, Secretary
- Ebba Andersen
- Gigi Dinniman
- Patricia Harvey
- Dale Henson
- Cristi Moore
- Carolyn Olson
- Bruce Stewart
- Susan Vardon
- Sherry Whitfield
- Vivian Rubiano

**Office Hours: 10 AM to 4 PM, Tues thru Thurs.**

**Please call in advance to confirm hours.  
Thanks!**

**You can reach us at:**

Telephone: (520) 795-9887  
FAX: (520) 795-9585  
E-Mail: [info@alohaaz.org](mailto:info@alohaaz.org)  
ALOHA's Internet Site: <http://www.alohaaz.org>

**Non-profit Tax ID# 86-0554154**

ALOHA's Office Location:  
4001 E. Fort Lowell Road (East of Alvernon)  
Tucson, AZ 85712-1011

