

# Hear & Now

January 2013  
Volume #5



## Give a Listen !

Tune in to ALOHA's Peer Support Group at 4001 E. Fort Lowell Road. It meets Tuesdays 1:00 to 2:00 pm. You are guaranteed to learn something new to help you.

Also, on **1st Tuesdays** we have a presentation, with refreshments.

**Page #2** gives agendas, and lists for other support meetings in Green Valley, Sierra Vista, and Oro Valley.

## Ads in Newsletter

Aloha accepts ads related to hearing loss issues as a means to inform, educate, and publicize products and services available to the Deaf and Hard of Hearing community. ALOHA does not endorse any product or service advertised herein. Advertisers assume full liability for the content of ads.

# Happy New Year!

*Membership Renewal Time !*

January is membership drive time for renewals, and to recruit new members. For renewals **PLEASE** send them promptly.

Ask a friend to join.

\$25 Individual \$30 Family  
\$50 Business

## New ! ALOHA Newsletter

Due to the post office bulk mailing dept. moving to Phoenix, ALOHA will publish a paper edition 4 times a year (January, April, July, October) But, we will start an email service called **ALOHA Updater** And publish it in-between paper issues. Be sure we have your e-mail address.

For those without e-mail, the paper edition will still be mailed to them. The "Updater" e-mail copies will be available for pick-up at the office.

**For those with e-mail, they will receive the pdf e-mail edition.**

**CLASSES, ETC.**  
Beginning sign class and  
Speech Reading Class:

\$50 Member  
\$75 non-Member

**Taking Requests**  
**795-9887**

**Sign Class**  
**begins**  
**January 23rd!**

**Assistive Device Demos:**  
**by appointment**  
**only.** Listening and signaling devices demonstrated. None for sale, but a vendor list is available. Also, loop demos.

**Peer Support Meetings:**  
Weekly, on Tuesdays, 1 to 2 PM. Loop amplification. Friendly discussions and info shared about hearing aids, assistive devices, inductive looping, etc.

**NEW! Inductive Loop Class.** Learn how to install in your home. Free to members

**Office Hours: 10 a.m. to 5 p.m. Tue ,Wed & Thur**

**Changed your Email?**

Please let us know.

# MEETINGS

## **DESERT COCHLEAR CONNECTIONS GROUP**

At ALOHA 4001 E. Fort Lowell

Meetings are held on one Saturday of each month September thru May.

Time: **11:00 am to 1:00 pm.**

**January 12, 2013** - Tools for Improving Your Listening Skills with Cochlear Implants

**NOTE:** The January workshop on using the remote control of Cochlear Americas Nucleus 5 Sound Processors has been rescheduled to March 9, 2013.

**The February meeting date is Saturday, February 9th;** topic to be determined and announced later in January.

Want to be automatically notified about these meetings? Call ALOHA 795-9887 or [info@alohaaz.org](mailto:info@alohaaz.org)

***If you know of a funder to pay for CART transcription, please let us know! Cost is \$150 per 2-hour session.***

## **TINNITUS SUPPORT GROUP**

**Date:** January 19, 2013 (See page 3)

**Time:** 10:00 a.m.

This meeting will be held at the U of A Department of Speech, Language and Hearing Sciences

**1131 E. 2nd St., Room 205**

Hear & Now  
Published four times a year in January, April, July, October.  
ALOHA, Adult Loss of Hearing Association  
4001 E. Fort Lowell Road  
Tucson, AZ 85712-1011  
Free with membership

## **GREEN VALLEY ALOHA SUPPORT GROUP:**

Contact Ebba Andersen 203-8059 if you need help with hearing issues in the Green Valley area. **All meetings are held first Monday of the month at the La Posada Recreation Room (except summer time) 10 am to Noon.**

### Green Valley Meeting Dates.

**February 4:** Pamela R. Wood, a certified audiologist, will be speaking about "**Sex, Feelings and Hearing Loss.**" Pam is an aural habilitation audiologist focusing on the entire person, not just their audiogram.

**March 4:** Bonnie Horne from Hearing Tech will be speaking about hearing evaluations, the testing process and what the results indicate.

**April 1st:** Melowdee Jae Brooks from AzTAP (Arizona Technology Access Program) will speak on awareness of, access to and acquisition of assistive technology, especially for hearing loss..

## **SIERRA VISTA ALOHA SUPPORT GROUP:**

Karl Hallsten facilitates these meetings held monthly., first Monday of the month. To Contact Karl, e-mail him at [SierraVistaALOHA@gmail.com](mailto:SierraVistaALOHA@gmail.com), or contact ALOHA 795-9887 to get in touch with him for the date and place of the meeting.

Do you know someone who lives in the Sierra Vista area that is hard of hearing? Please tell them about these meetings.

## **ORO VALLEY ALOHA SUPPORT GROUP**

**NEW** —They meet the first Thursday of each month through May. **2:00 to 3:45 pm** at Santa Catalina Catholic Church, 14380 N. Oracle Rd, in the Cholla & Ocotillo rooms.

Agendas and topics to be announced.

**ASSISTIVE DEVICES DEMONSTRATED AT SUPPORT MEETING** — a combination of hearing aids with telecoils, pocket talker, headphones and conference microphone was used by a member for a workshop which was quite successful. In his opinion the microphone replaced the “behind-the-ear” microphones in the hearing aids and allowed him to better adjust the tone and volume for his needs. During the ALOHA support meeting some of the members tried that combination, however, using neck loops rather than headphones and found it to work as well.

**Jennifer Born, American Tinnitus Association (ATA)**, gave a presentation to the Tinnitus Support Group about research and new therapies being developed to help with tinnitus. ATA has encouraged the National Institutes of Health (NIH), Department of Veterans Affairs (VA), and the Department of Defense (DOD) to work collaboratively in advancing the science and treatment of tinnitus. The DOD has rapidly increased their spending on research and become a major funding player, mostly due to the extreme increases of tinnitus in personnel returning from Iraq and Afghanistan. Perhaps someday there will be a cure.

There are an estimated 50 million Americans who have tinnitus vs. 30 million who are hard of hearing. Up to 16 million of those with tinnitus suffer severely enough to seek medical care.



## TUCSON FESTIVAL OF BOOKS

**ALOHA volunteers have begun registering with the UA to assist with the Tucson Festival of Books which will be held on March 9 and 10. Assignments have not begun yet, but, we are hoping to have the chance to help distribute and collect Assistive Listening Devices if we get a goodly number of ALOHA volunteers to help with other Festival tasks. Thanks to the great work by George and many other members.**

You can register by going to: [tucsonfestivalofbooks.org](http://tucsonfestivalofbooks.org)



## Cont'd from page 2) Tinnitus Support Group, January 19 FREE LECTURE

“A Perspective on the Care of Patients with Tinnitus and Sound Sensitivity” by Michael J. A. Robb, M.D.

Dr. Robb is a physician and consultant in oto-neurology, one of the approximately 45 in the USA, who is dedicated to the private practice of medicine, the care of patients with diseases and disorders of the ear and brain, student teaching and clinical research,. He is a former board of director and scientific advisory committee member of the American Tinnitus Association ([www.ATA.org](http://www.ATA.org)). For more information about the Robb Oto-Neurology Clinic visit <http://www.robbmd.com/>

R.S.V.P. [uahearing@gmail.com](mailto:uahearing@gmail.com) or leave a message at (520) 626-6232

Seating is limited

**Sponsored by: Tinnitus Support Group: The Adult Loss of Hearing Association (ALOHA)**



KIMBERLY ANN AUGUST

CART and Captioning

Voice (520)298-1361 Cell (520)419-3809  
Fax (520)721-6288 E-mail kimberlyaugust@earthlink.net  
4039 East Whitman Street · Tucson AZ · 85711

Remote CART · Webcasting · Captioning

## COMPLAINT FILED AGAINST AMAZON: FAILURE TO PROVIDE INTERNET CAP- TIONING

December 20, 2012, several deaf and hard of hearing consumer groups filed a complaint at the FCC against Amazon for allegedly violating new FCC internet captioning requirements. The ruling, effective September 30, 2012, states that most full-length, non-live video programming on TV with captions must also include closed captions when delivered online. They say Amazon has consistently failed to caption its online video programming in a timely fashion.

<http://www.coataccess.org/>



### Do You Want To Start Your Own Business Or Work from Home?

AzTAP may be able to assist with a low interest Self-Employment for Entrepreneurs with Disabilities (S.E.E.D.) Loan for the equipment you need.

WHO: All Arizona residents with disabilities who want to be self-employed or work from home.

WHAT: Loans from \$500 to \$10,000 to be used to purchase any equipment necessary to be a successful entrepreneur or employee working from home.

WHY: S.E.E.D. is part of a nationwide self-employment project called Telework. The Telework goal is to enable people with disabilities to earn an income from self-employment or home-based employment from an established business.

Call (602) 776-4670 or (800) 477-9921  
to obtain additional information, or visit  
our website at [www.azlat.net](http://www.azlat.net).



### LAUGHTER IS THE BEST MEDICINE: "WHAT!? HEARD IN THE SOUND- PROOF BOOTH"



*She was having her hearing tested by listening to sentences. The sentence was "Supper at six would be wonderful!" She replied: "That's easy! 'Supper and sex for one-and-all!'" The audiologist fell out of her chair as she was laughing so hard. She had to stop the tape and start over. Her husband sitting there for moral support, turned red as red could be.*

## ANNUAL MEETING & ELECTIONS REPORT, November, 2012



Members present re-elected Bruce Stewart, Joy Newman, Cynthia Amerman, Rachel Van Oosbree.

New members elected to the board: Jeremy Kahn, Ebba Andersen, Sherry Whitfield, Jim Sipchen.

The sitting board will elect officers at the January 16, 2013 meeting, 5:30 pm at the ALOHA office.

**Discussion by members** followed the elections. Among the topics were a suggestion that support group meetings be held on a Saturday, once a month, or to hold meetings in the evening, to accommodate people who work during the day and can't come to Tuesday afternoon sessions. Another member felt this addition or change would encourage younger adults to attend. If you, the reader of this newsletter have comments or suggestions about support meetings, please send an e-mail to [info@alohaaz.org](mailto:info@alohaaz.org), or call 795-9887.

**Other discussion** addressed the need for a new heating/cooling unit (and that was accomplished in December). Also decided was to remove the large Cypress tree in back of the building, since it was dying, and there was concern it might fall on the building. (The tree was removed in December). A need to add an office person to the staff was addressed, and member Carolyn Olson was selected to train with the current office director, Loretta.



### UPCOMING EVENTS FOR ALOHA PARTICIPATION—NEED VOLUNTEERS

**Jan. 18 thru 20—Homeless Vets Stand Down—Days Inn, 222 North Freeway**

**Feb. 14—Tucson Estates Health Fair—9:00 am to Noon, 5900 West Western Way Circle**

**Mar. 9-10—Tucson Festival of Books**

**March (date TBA) - Family Caregiver and Senior Resource Fair at St. Philips in the Foothills Church , 4440 N. Campbell**

**Date and time details will be advised as soon as available. Any help is appreciated whether it be helping set up and/or manning the tables. These events are very informative and good exposure for ALOHA. Please call ALOHA at 795-9887 or e-mail: [info@alohaaz.org](mailto:info@alohaaz.org) for information.**

Hearing Aid Bank Needs Donations:

Bring used hearing aids to ALOHA, or call John Masunas 730-7965 for pick-up.

The hearing aids are refurbished and made available to low-income seniors in Pima County at nominal cost.

Recycle Hearing Aid Batteries

At ALOHA!

See the green can on top of the sign-in lectern.



**Free unused batteries available on table in conference room...all sizes except 13.**



**Donations since November, 2012** *Thank You!*

Gwynda Downing  
George Ghorpade  
Lenore Pille  
City of Tucson ECAP

Safija Sarich  
Allen Smith  
Rosalie Ballard  
Sorenson Communications

Irving Silverman  
Jan Stephenson  
Rodric Himebaugh  
Raytheon Charitable Giving

**Donations in Memory of Dr. William de Alva**

M.M. Ritter  
Charles Pettis  
Edith Johnson  
PD LLC

Virginia Hertz  
Mary Beth Taylor  
Cecelia Maloney  
Gary Haines

Kathryn Shore  
Cleona Genzer  
Geraldene Larrington

**Welcome to New Members!**

Richard & Louise Strayer  
John Donovan

Mary Louise Owen  
James Jarvis

Peter & Beryl Shantic  
Robert Brullo



## Adult Loss Of Hearing Association (ALOHA) Application Form

*CATEGORIES	COST	LENGTH OF TIME
Individual Member	\$25.00	1 Year Membership (See below)
Family Membership	\$30.00	1 Year Membership (See below)
Business / Organization Member	\$50.00	1 Year Membership (See below)
Bronze Donor (Less than \$250.00)	\$	100% Tax Deductible
Silver Donor (\$251.00 - \$500.00)	\$	100% Tax Deductible
Gold Donor (\$501.00 - \$1,000.00)	\$	100% Tax Deductible
Platinum Donor (More than \$1,000.00)	\$	100% Tax Deductible
<b>Total Enclosed:</b>	\$	<b>Make Check Payable to ALOHA (See address below)</b>

**\*Members are encouraged to select a Donor Category to help YOUR Association sustain its service and be pro-active in meeting YOUR needs and desires.**

**Note: ALOHA is a non-profit organization in accordance with Section 501(c)(3) of the IRS Code. Please consult your tax advisor or the Internal Revenue Service regarding deductibility.**

<b>NAME</b> (First, MI, Last):	
<b>Significant Other:</b>	
<b>Street Address:</b>	
<b>City, State, ZIP Code:</b>	
<b>Home Phone:</b>	
<b>Work Phone:</b>	
<b>FAX Number:</b>	
<b>Email Address:</b>	

Emergency Contact Information (Optional, But Recommended):	
<b>Name:</b>	
<b>Phone:</b>	
<b>Relationship:</b>	

(All members receive the "Hear & Now Newsletter", and Discounts on classes.)

How do you want to receive your newsletter?     On-line     Regular mail

If a new member, how did you hear about ALOHA?:

\_\_\_\_\_ (Signature)

\_\_\_\_\_ (Date)

Adult Loss Of Hearing Association  
(ALOHA)  
4001 E. Fort Lowell Road  
Tucson, AZ 85712-1011

NON-PROFIT  
U.S. POSTAGE  
PAID  
TUCSON,  
AZ  
Permit No. 879

Return Service Requested



**ALOHA Board 2013:**

- S. George Ghorpade, President
- Pamela Wood, Vice-President
- Bruce Stewart, Treasurer
- Cynthia Amerman, Secretary
- Dale Henson
- Joy Newman
- Emily Pollock
- Karl Hallsten
- Rachel Van Oosbree
- Jeremy Kahn
- Ebba Andersen
- Jim Sipchen
- Sherry Whitfield

**Office Hours: 10 AM to 5 PM, Tues thru Thurs.**

**Please call in advance to confirm hours.  
Thanks!**

*Combined Fed. Campaign #68532*

**You can reach us at:**

Telephone: (520) 795-9887

FAX: (520) 795-9585

E-Mail: [info@alohaaz.org](mailto:info@alohaaz.org)

ALOHA's Internet Site: <http://www.alohaaz.org>

**Non-profit Tax ID# 86-0554154**

ALOHA's Office Location:

4001 E. Fort Lowell Road (East of Alvernon)

Tucson, AZ 85712-1011

