



A PUBLICATION OF THE ADULT LOSS OF HEARING ASSOCIATION

April 2013
Volume #6

Hear & Now

Happy Anniversary ALOHA!



March 17th marked 29 years of service for hard of hearing people. On that date in 1984, twelve people met to form ALOHA. Although our founder, Gloria Baral, is no longer with us, she certainly created the enthusiastic spirit that continues to this day. We have over 300 members. We receive many compliments for what we do for people. An increase in the number of meetings with a variety of presentations has helped us to reach more people.

Thank You to ALOHA's Volunteers!: April is National Volunteer Month and we want to tell these wonderful people how much we appreciate them and their effort to make ALOHA work. There are over 25 volunteers now working on various projects, arranging meetings and helping in the office. Besides the Tucson crew, there is volunteer effort in Green Valley, Sierra Vista and Oro Valley...where they conduct meetings and help folks cope better with hearing loss.

Golf Fundraising: Let's call it "fun-raising". On May 9th, ten ALOHA members will putt 100 balls each at the El Rio course. They seek pledges, which monies will carry ALOHA through another year of services for people with hearing loss. **Important?** You bet it is. Please note the flyer inside, and **PLEDGE!**

Have Trouble Hearing in Certain Situations? Despite that we may have the latest in hearing aid technology, we still have problems hearing words or sentences. In our demonstration room we have devices that can help with that. Just call for an appointment to try them. None are sold at ALOHA, but you will receive a list of vendors, and a catalog to see what is available to you to help in those hard to understand hearing situations. Also, at Tuesday support groups from 1:00 to 2:00 you can also obtain information about devices and coping.

E-Updater: If you have given us your e-mail address, you received two of our e-Updaters. We added this service to get current news and meeting dates, etc. to you more often...every month when there is not a newsletter published. **Please do give us your e-mail address if you have not received this newsy addition.**

CLASSES, ETC.
Beginning sign class and Speech Reading Class:

\$50 Member
\$75 non-Member

**Taking Requests
795-9887**

Both classes to begin in the Fall.

**Assistive Device Demos:
by appointment only.** Listening and signaling devices demonstrated. None for sale, but a vendor list is available. Also, loop demos.

Peer Support Meetings: Weekly, on Tuesdays, 1 to 2 PM. Loop amplification. Friendly discussions and info shared about hearing aids, assistive devices, inductive looping, etc.

Inductive Loop Class. Learn how to install a loop in your home. Free to members

Office Hours: 10 a.m. to 5 p.m. Tue, Wed & Thur

Changed your Email?

Please let us know.

MEETINGS

NOTE: Except for the weekly peer support meetings at the ALOHA building on Tuesdays 1:00 to 2:00 pm, other meetings listed will stop in June and resume in September. Watch for the e-Updater for dates and agendas.

DESERT COCHLEAR CONNECTIONS GROUP

At ALOHA 4001 E. Fort Lowell

Meetings are held on the second Saturday of each month September thru May.

Time: **11:00 am to 1:00 pm.**

Learn and be informed about cochlear implant and how it can help to hear.

Want to be automatically notified about these meetings? Call ALOHA 795-9887 or info@alohaaz.org

\$\$ Donations for CART transcription welcome!

TINNITUS SUPPORT GROUP AT ALOHA

Date: Saturday, April 20

Time: 9:00 to 11:00 am

3RD TUESDAYS PRESENTATIONS AT ALOHA:

April 16, 1:00 PM at ALOHA. Phyllis Allen at Can-Do Canines will talk about training a service dog.

May 21, 1:00 PM at ALOHA. A doctor from UMC Hospital will talk about their hearing loss services and effects of medications on hearing.

ALOHA accepts ads related to hearing loss issues as a means to inform, educate, and publicize products and services available to the Deaf and Hard of Hearing community. ALOHA does not endorse any product or service advertised herein. Advertisers assume full liability for the content of ads.

GREEN VALLEY ALOHA SUPPORT GROUP:

Contact Ebba Andersen 203-8059 if you need help with hearing issues in the Green Valley area. **All meetings are held first Monday of the month at the La Posada Recreation Room (except summer time) 10 am to Noon.**

Green Valley Meeting Dates.

April 1st: Melowdee Jae Brooks from AzTAP (Arizona Technology Access Program) will speak on awareness of, access to and acquisition of assistive technology, especially for hearing loss..

May 6th: Topic to be announced.

SIERRA VISTA ALOHA SUPPORT GROUP:

Karl Hallsten facilitates these meetings held monthly., first Monday of the month. To Contact Karl, e-mail him at SierraVistaALOHA@gmail.com, or contact ALOHA 795-9887 to get in touch with him for the date and place of the meeting.

Do you know someone who lives in the Sierra Vista area that is hard of hearing? Please tell them about these meetings.

ORO VALLEY ALOHA SUPPORT GROUP

They meet the **first Thursday** of each month through May. **2:00 to 3:45 pm** at Santa Catalina Catholic Church, 14380 N. Oracle Rd, in the Cholla & Ocotillo rooms.

Topics to be announced for April & May.



*Bring a Book,
Take a Book!*

ALOHA continues to offer books donated, fiction and non-fiction. Just bring a book or books to trade.

Please Help! We have made a commitment and need your help!

On May 9th the ALOHA Team of players will chip and hack at golf balls for up to 100 holes. They want to do this to make a difference in the lives of people with hearing loss. You may sponsor any of the players listed below for \$3, \$2, \$1 per hole, or as little as 25-cents per hole (\$25), or whatever your budget will allow. Or, if you don't want to do a per hole sponsorship, you can pledge a nominal flat contribution. Just let me know your preference of who you would like to sponsor:

- ◆ Lou Touchette
- ◆ Loretta Butler
- ◆ Don Poore
- ◆ James Sipchen
- ◆ George Ghorpade
- ◆ Karl Hallsten
- ◆ Sherry Whitfield
- ◆ Tom Sawyer
- ◆ Pam Wood
- ◆ Joy Newman
- ◆ Chris Tucker

You can pledge, by check made to ALOHA, or [by credit card \(PayPal\)](#). ALOHA is a 501 (c)(3) organization and your donation is 100% tax deductible. You will receive a receipt. Your generosity will go a long way in our efforts to continue ALOHA's objectives! Thank you very much for your help and support with this!

Loretta Butler

Adult Loss Of Hearing Association - 4001 E Fort Lowell Road - Tucson, AZ 85712

Phone (520) 795-9887 Email: info@alohaaz.org



Donations since January, 2013 *Thank You !*

Earl Liston	Sue Vardon	Harry & Marjory Stewart Foundation
Macy's	Patricia Clinch	Angel & Laura Sepulveda
Mary Neff	Frances Harris	Lew Harris
Virginia Salzman	Network for Good	Robert Bernet
William Orr	John Hoelzel	Emily Pollock
Charles Spencer	Robert Brullo	Ann Alden



Welcome to New Members!

Clyde Lawson	George & Marge O'Dom	Robert Bernet
Jessie McCabe	Betsy Rider	Lois Miller
Carol West	Sandra Nielsen	Ruth Afifi
Howard & Judith Raymond	Doris & Albert Seames	Karen Messmore
James Johnson	Carol Forest	Patricia Rivard
Joyce Havens	Catherine Hooper	A.M. & Margaret Fowler
David & Edna Ethen	Danon & Cyndee Perkins	Robert Shelton
Lois Holmes	Mary Neff	Earl Liston
Anne Merritt	Edward Brehm	Philip Cotton

Got Questions??? Join us on Tuesdays from 1-2 pm for a little bit of ALOHA-101 to learn about CART services, telecoils (t-coils), looping, FM receivers, pocket-talkers, caption phones, Bluetooth and various other assistive listening devices. For those of you who don't have, or don't know about telecoils, check with your audiologist to find out if they are in your hearing aids and have them activated. For many of us these devices are "old hat" to us, however, to newcomers they can be a bit overwhelming but also a "need-to know" to help us out in the hearing world.

How about a real live hearing assistant? Be sure to mark your calendar for the Third Tuesday Seminar (April 16) being presented by Can Do Canines. Phyllis Allen will tell us about training a four-legged companion to become our hearing-alert assistant. A demo will be given.



"CAN YOU HEAR ME NOW?"

"Can you hear me now?" may be more than a cell phone company slogan. Research by the Acoustical Society of America indicates that one reason cell phone chats can be so frustrating is that our phones cut out the voice's higher frequencies.

The energy of the human voice is measured in hertz. Most of the information in our voices is transmitted at frequencies below 5,000 hertz, leading scientists to believe that higher frequencies aren't really necessary to understanding. Most cell phones transmit sound at 3,500 hertz and below, but tests of recordings that filtered out any sonic information below 5,000 hertz found that people pick up a significant amount of sound in that higher range. Thus, our brains have to work harder to understand information that doesn't include higher-pitched sound. Perhaps it's time to step up to new phone technology.

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*The free telephone is a limited-time offer. Certification of hearing loss by a third-party professional is required to participate. A standard home phone line and high-speed Internet connection are necessary to use this service.

4215 South Riverboat Rd., Salt Lake City, UT 84123

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Adult Loss Of Hearing Association (ALOHA) Application Form

*CATEGORIES	COST	LENGTH OF TIME
Individual Member	\$25.00	1 Year Membership (See below)
Family Membership	\$30.00	1 Year Membership (See below)
Business / Organization Member	\$50.00	1 Year Membership (See below)
Bronze Donor (Less than \$250.00)	\$	100% Tax Deductible
Silver Donor (\$251.00 - \$500.00)	\$	100% Tax Deductible
Gold Donor (\$501.00 - \$1,000.00)	\$	100% Tax Deductible
Platinum Donor (More than \$1,000.00)	\$	100% Tax Deductible
Total Enclosed:	\$	Make Check Payable to ALOHA (See address below)

*Members are encouraged to select a Donor Category to help YOUR Association sustain its service and be pro-active in meeting YOUR needs and desires.

Note: ALOHA is a non-profit organization in accordance with Section 501(c)(3) of the IRS Code. Please consult your tax advisor or the Internal Revenue Service regarding deductibility.

NAME (First, MI, Last):	
Significant Other:	
Street Address:	
City, State, ZIP Code:	
Home Phone:	
Work Phone:	
FAX Number:	
Email Address:	

Emergency Contact Information (Optional, But Recommended):	
Name:	
Phone:	
Relationship:	

(All members receive the "Hear & Now Newsletter", and Discounts on classes.)

How do you want to receive your newsletter? On-line Regular mail

If a new member, how did you hear about ALOHA?:

(Signature)

(Date)

Adult Loss Of Hearing Association
(ALOHA)
4001 E. Fort Lowell Road
Tucson, AZ 85712-1011



Return Service Requested



ALOHA Board 2013:

- S. George Ghorpade, President
- Pamela Wood, Vice-President
- Bruce Stewart, Treasurer
- Cynthia Amerman, Secretary
- Dale Henson
- Joy Newman
- Emily Pollock
- Karl Hallsten
- Rachel Van Oosbree
- Jeremy Kahn
- Ebba Andersen
- Jim Sipchen
- Sherry Whitfield

Office Hours: 10 AM to 5 PM, Tues thru Thurs.

**Please call in advance to confirm hours.
Thanks!**

You can reach us at:

Telephone: (520) 795-9887

FAX: (520) 795-9585

E-Mail: info@alohaaz.org

ALOHA's Internet Site: <http://www.alohaaz.org>

Non-profit Tax ID# 86-0554154

ALOHA's Office Location:

4001 E. Fort Lowell Road (East of Alvernon)

Tucson, AZ 85712-1011



Let's Loop Tucson